

Monroe County Resource Guide



Produced by the W-2 Children's Services Network

The purpose of this directory is to provide a variety of community resource agencies to better serve the people of Monroe County.



W-2 Agency
120 E. Milwaukee St.
Tomah, WI 54660
Phone 608-374-7740
Fax 608-374-7741

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ABUSE

911 - Call immediately if you feel someone is in immediate, serious or life-threatening danger

Brighter Tomorrows

Sparta - 608-269-7853

Tomah - 608-374-6975

National Sexual Assault - 800-656-4673

National Domestic Violence Crisis - 800-799-7233

Great River Call for Help - 800-362-8255

Safe Path - 800-362-5454 ext. 7804

UNIDOS - 800-510-9195

Gunderson Lutheran - 608-775-3845

Monroe County Department of Human Services - 608-269-8600

National Child Abuse Hot Line - 800-422-4453

New Horizons Shelter & Outreach Centers - 608-791-2610 or 888-231-0066

Watershed Alcohol & Drug Addiction Treatment Program - 800-310-8963 or 608-269-3629

Coulee Council on Addictions - 608-784-4177

Domestic Violence Project - 608-785-7670

ALCOHOL AND OTHER DRUG ABUSE SERVICES

West Central Wisconsin Behavioral Health - 715-284-2831

Franciscan Skemp Behavioral Health - 800-362-5454

Gundersen Lutheran Behavioral Health - 800-362-9567

L.E. Phillips Outpatient Clinic - 715-284-7074

BUDGETING

Catholic Charities (St. Lawrence Community Services - 608-782-0704

Consumer Credit Counseling Services - 608-784-8380 or 866-400-2227

Families First of Monroe County- 608-374-4141

Monroe County UW-Extension - 608-269-8722

www.jobcenterofwisconsin.com Budget Planner tool

CHILD RELATED SERVICES

CHILD SUPPORT

Child-Support Enforcement Hotline - 877-696-6775

Monroe County Child Support Office - 608-269-8705

PARENTING SUPPORT

Birth to Three Program - 608-269-8630

The Parenting Place of Tomah - 608-374-4190

Family Living Agent - 608-269-8722

The Parenting Place of Sparta - 608-269-3151 ext. 6116
Special Needs Children Center - 800-400-3678
Sparta Head Start - 608-269-8297
Tomah Head Start - 608-372-3781
Women, Infants and Children Program (WIC) - 608-269-8671

CHILD CARE

Parenting Place of Tomah - 608-374-4190
Parenting Place of Sparta - 608-269-3151 Ext. 6116
Parenting Place of La Crosse - 608-784-8125 or 800-873-1768
Wisconsin Shares Child Care Program - 608-269-8600
Child-Care Subsidy Hotline -800-424-2246

ADULT CARE

Handishop Adult Day Center - 608-343-7049
Tomah Adult Day Programs - 608-374-4673

YOUTH SERVICES

Big Brothers and Big Sisters of the Coulee Region - 608-782-2227
Boys and Girls Club of Sparta - 608-269-2582
Boys and Girls Club of Tomah - 608-374-4386
Boys and Girls Club of West Central Wisconsin - 608-374-4386
Coulee cap - 608-269-5021
Parenting Place of Tomah - 608-374-4190
Parenting Place of Sparta - 608-269-3151 ext. 6116
Sparta Free Library - 608-269-2010
Sparta Parks and Recreation Department - 608-269-6322
Sparta Public Swimming Pool - 608-269-5344
The Runaway Bridge - 608-775-6337
The Runaway Bridge Hotline - 1-800-361-8255
Tomah Public Library - 608-374-7470
Tomah Recreation Department - 608- 374-7445
Sparta Head Start - 608-269-8297
Tomah Head Start - 608-372-3781

CLOTHING

Families First of Monroe County - 608-374-4141
Second Season consignment shop – 608-269-1049
128 N Water ST Sparta
Goodwill Industries - 608-372-7464
1516 N Superior Ave Tomah
Tomah Re-Source Resale Shop – 608-372-7007
1104 Superior Ave Tomah
Emma Ann’s Boutique (Women’s clothes) – 608-343-1100

1117 Superior Ave Tomah

Catholic Charities La Crosse - 608-782-0710

Catholic Charities La Crosse: Women's Clothes closet - 608-784-5745

Catholic Charities La Crosse: Men's Clothes Closet - 608-782-0710

COUNSELING

Franciscan Skemp Behavioral Health - 800-362-5454

Gundersen Lutheran Behavioral Health - 800-362-9567

CRISIS PROGRAMS & SERVICES

In an Emergency-Dial 911

Families First of Monroe County - 608-374-4141

Flocks Guardians - 608-487-9356

Information, Referral & Crisis Line 2-1-1 -800-362-8255

Suicide Hotline -800-273-8255

American Red Cross - 800-837-6313

Catholic Charities - 608-782-0710

Hope House - 800-584-6790

Domestic Violence/Sexual Assault Services - 800-252-4357

Coulee Council on Alcohol and Drug - 608-784-4177

Salvation Army - 608-782-6126

National Child Abuse Hotline - 800-422-4453

Passages (domestic violence hotline) - 800-236-4325

New Horizons Shelter - 608-791-2600

Bolton Refuge House - 715-333-2350

Bolton Refuge House 24-hour hotline - 1-855-526-5866

DISABILITY SERVICES

Social Security Administration - 800-772-1213

Aging and Disabilities Resource Center of Western WI - 800-500-3910

Aging and Disabilities Resource Center of Monroe County - 608-269-8900

Challenge Unlimited - 608-269-5540

Division of Vocational Rehabilitation - 800-523-2139

Handishop Industries - 608-372-3289

Independent Living Resources - 608-787-1111

Lutheran Social Services - 608-269-1110

Monroe County Senior Services - 608-269-8690

Aptiv - 608-269-8263

Senior and Disabled Services -608-374-7476

Social Security Administration

La Crosse - 1-800-772-1213

Wisconsin Council on Children & Families

(Helps families caring for a disabled family member)
Madison - 608-284-0580 or 1-888-400-8455

VOCATIONAL EVALUATIONS

Division of Vocational Rehabilitation - 800-523-2139
Handishop Industries - 608-372-3289

EDUCATION

Sparta GED Center - 608-269-3791
Tomah GED Center - 608-374-7700
YES AmeriCorps - 800-742-5627
Tomah Head Start - 608-372-3781
Sparta Head Start - 608-269-8297
Western Technical College Tomah - 608-374-7700

HOPE Academy
<https://www.fcconline.org/seeking-help/for-children/hope-academy/>
608-785-0001 x 312

Coulee Region Literacy Council
<http://www.couleeregionliteracycouncil.com/>
608-789-4752

EMPLOYMENT & TRAINING ASSISTANCE

Workforce Connections, Inc.
<http://www.workforceconnections.org/>
Tomah – 607-374-7740
La Crosse - 800-742-JOBS

Job Center of Wisconsin – 1-888-258-9966 or <https://jobcenterofwisconsin.com/>

ABR Employment Services - 608-269-0542
Experience Works - 608-789-5623
Wisconsin Job Center - Tomah - 608-374-7740
Wisconsin Works (W2) General Information - 855-418-9332
Wisconsin Works (W2) Agency - 608-374-7740 Ext. 77304
YES AmeriCorps - 800-742-5627
Manpower Tomah (608) 374-2040
Express Employment Tomah (608) 567-0534

UNEMPLOYMENT

Wisconsin Unemployment Agency
414-435-7069
<https://dwd.wisconsin.gov/ui/>

ENERGY ASSISTANCE

Flocks Guardians - 608-487-9356
Coulee Cap – 608-269-5021

HEALTH CARE

HEALTH INSURANCE

Badger Care / Medicare / Medicaid - 608-269-8600
Family Planning Waiver - 608-269-8600

MEDICAL ASSISTANCE

Monroe County Health Department - 608-269-8666
Monroe County Department of Human Services - 608-269-8600
Options in Reproductive Care - 608-269-7224
Scenic Bluffs Health Center - Cashton - 608-654-5100
Scenic Bluffs Health Center - Norwalk - 608-823-7853
St. Claire Health Mission - 608-269-2132
Teen Pregnancy Prevention and Parenting Coalition - 608-269-8600 or 608-372-8600
Three Rivers Community Dental Clinic - 608-789-6200
Wisconsin Women's Health Line - 800-218-8408

HELP LINES

1ST Call For Help - **dial 211** or 800-362-8255
Birthright of La Crosse - 608-782-0373
Child Abuse and Neglect - 608-269-8740
Brighter Tomorrows - 608-269-7853 or 608-374-6975
National Domestic Violence Crisis - 800-799-7233
Council on Problem Gambling - 800-426-2535
Debt Relief Hotline - 800-453-1738
Families First of Monroe County - 608-374-4141
Poison Control Hotline - 800-222-1222
Suicide & Crisis Hotline - 800-784-2433
Wisconsin Tobacco Quit Line - 800-784-8669

HOUSING

INCOME BASED

DAK Management - 800-938-5645
USDA Rural Development - 608-269-3116
Freedom Village - 608-374-2466
Kilbourn Apartments - 608-269-5017
Monroe County Habitat for Humanity - 608-785-2375
Monroe County Housing Authority - 608-269-5017 or 800-491-5017

Sparta Angelo Apartments - 608-786-4101
Sparta Housing Authority - 608-269-2188
Sparta Deluxe Housing - 608-269-4070
Tomah Housing Authority - 608-374-7455
Tomah Terrace - 608-372-5683
Courtyard at Willow Woods - 608-372-5890
Kenview Apartments - 608-463-7696
Norcrest Apartments - 608-823-7475
Brookside Apartments - 608-269-2188
Sparta Arms - 608-269-4070
Veterans Assistance Foundation, Inc. - 608-372-8387

EVICTION/FORECLOSURE PREVENTION ASSISTANCE

Catholic Charities - 608-782-0704
Coulee cap - 608-269-5021
Families First of Monroe County - 608-374-4141
Wisconsin Works (W2) Agency - 608-374-7740

SHELTER/EMERGENCY

Families First of Monroe County - 608-374-4141
Salvation Army Service Extension - 608-782-6126

TENANT/LANDLORD MEDIATION

Bureau of Consumer Protection - 800-422-7128
Families First of Monroe County - 608-374-4141

LEGAL SERVICES

Legal Action of Wisconsin
La Crosse - 608-785-2809

Wisconsin Equal Rights Division
Madison – 608-266-6860

NUTRITIONAL ASSISTANCE

Food Share Program
Western Region for Economic Assistance (WREA)
<https://access.wisconsin.gov>
1-888-627-0430
Women, Infants and Children Program (WIC) - 608-269-8671

FOOD PANTRY FOR PETS

Spott Inc. – 608-633-3345
spottinc@yahoo.com

ONLINE RESOURCES

<http://www.co.monroe.wi.us/>
<http://www.familiesfirstonline.org>
<http://www.workforceconnections.org>
www.ucclaim-wi.org (unemployment)
<http://dwd.wisconsin.gov>
<https://access.wisconsin.gov/> (FoodShare, BadgerCare Plus, Medical Assistance, Child Care Benefits)

TELEPHONE ASSISTANCE

Lifeline/Link-up Program

Lifeline: Provides discounts on basic monthly telephone service, up to \$10.00 per month.

Link-up: Assists with the initial installation fee or activation fee for telephone service.

****Contact your local telephone company or cell phone provider for additional eligibility information.**

<http://lifelinesupport.org>

Safelink Wireless Cell Phone Program

Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility. 1-800-977-3768 www.safelinkwireless.com

Telecommunications Equipment Purchase and Assistance Plans

TEPP- assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service

TAP- a program for those who are deaf or severely hard of hearing in a low-income household to pay the TEPP co-payment if you qualify. Voice 608-231-3305 - TTY 1-800-251-8345

TRANSPORTATION

Faith in Action Volunteers - 608-372-0939

Families First of Monroe County - 608-374-4141

Medicaid Transportation Assistance Program - 608-269-8936

Monroe County Senior Services - 608-269-8690

Logistic Healthcare Transport - 866-907-1493

Coulee Cap - 608-269-5021

VETERANS SERVICES

Monroe County Veterans Services - 608-269-8726

Veterans Affairs - 800-947-8387

Tomah VA Medical Center - 800-872-8662 or 608-372-3971

Veterans Assistance Foundation - 877-823-9433

Wisconsin Job Service - 608-374-7740

VOCATIONAL EVALUATIONS

Division of Vocational Rehabilitation - 800-523-2139
Handishop Industries - 608-372-3289

At one time or another everyone needs help or an answer to what seems like a simple question. The Resource Guide is designed to link peoples' questions or problems to the agency or organization best able to provide the needed assistance. The listings in this brochure are by no means inclusive of all the services in the Monroe County area. We believe that consumers are in the best position to evaluate and choose resources appropriate to their needs.

Monroe County Food Pantry Resources

Couleecap Monroe County Food Pantry

217 North Black River Street, Sparta. Hours: Monday and Thursday 10:00 a.m.-2:00 p.m.
Ph: 608.269.3012

Cashton Cupboard and Closet 199 Front St. Cashton. Phone: (608) 654-5770 (Pantry) Hours: Monday-Friday 10:00am-4:00pm, Saturday 10:00am-1:00 pm Area Covered: Monroe County areas of Village of Cashton, Cashton School District, Melvina, and St. Mary's Ridge, Norwalk, and Ontario

Families First of Monroe County - 608-374-4141 1118 W. Veterans St. Tomah. Infant supplies available, food vouchers. 8am-3pm Monday-Thursday.

Monroe County Department of Human Services -

Senior Meal Program: persons 60 years of age and older for a donation of \$3.50 for congregate and \$3.75 for home-delivered. Must meet criteria in order to receive meals at home. All seniors are welcome regardless of income. SPECIAL DIETS CAN BE PROVIDED. FOOD SHARE (FORMERLY FOOD STAMPS) ACCEPTED. Call Monday – Friday, 8:00am – 4:30pm, at (608) 269-8690 for more information.

Sparta Senior Meal Site - 608-269-6778 1000 E Montgomery St. Call for hours.

Tomah Senior Meal Site - 608-372-7291 Lunch is at 11:30am Monday through Friday, except holidays. 1002 Superior Ave.

Morrow Home Community & Services Morrow Meals in Motion Provides noon meals delivered to the home for a fee; for age 60 years of age and older 331 South Water Street, Sparta · 608-269-3168 or 1-866-324-7365 <http://www.morrowhome.org>

Neighbor for Neighbor, Inc. - 608-372-6737

Food Pantry Distribution: Mondays 1-3:30pm, 2nd and 4th Wednesdays 3:30-6pm, Thursdays 10-Noon. 1118 W. Veterans St. 608-372-6737. Call ahead if you are coming on a holiday or during bad weather to make sure it's open and what you need to bring.

Area covered: City of Tomah, Tunnel City, Warrens, Wyeville, Valley Junction, Oakdale, Kendall and surrounding area.

United Methodist Church Tuesday Supper 5-6pm - 210 N Court Street Sparta but use "K" Street entrance for supper. 608-269-6949

Ruby's Pantry: Oasis Church 22547 State Hwy 21 Tomah, 1st Monday of the Month. Doors open at 4:30 pm, Distribution 5:00-7:30 pm. Please plan to arrive 15 minutes before your time-slot. \$20 share cost. Can preregister online: [www. Rubyspantry.org](http://www.Rubyspantry.org).

Second Harvest Food Pantry 608-223-9121

Norwalk: Community Center (200 North St), last Tuesday of month, 11 am

Sparta: 1800 Block of Milwaukee St, Sparta 3rd Monday 4 pm

Tomah: Fairgrounds (1625 Butts Avenue), 1st Tuesday 4 pm